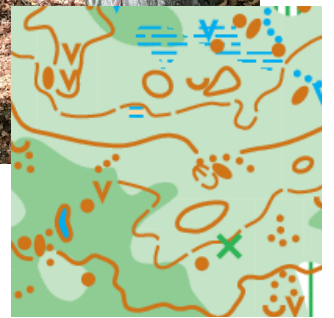


Belgian middle orienteering championship

World Ranking Event

12th May 2019 - Stambruges



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Organization

Organizing club – ASUB Orientation	
Event director Gilles De Neyer gillesdeneyer@protonmail.com +32 493 565 272	Course setter Christophe Bernard chbern@me.com
Course Controller Jean-Baptiste Colomb jibco@hotmail.fr	National controller Julien Dache
IOF Event Adviser Eric Hully eric.hully@skynet.be	Jury members Thomas BREDO – FRSO Jean-François LOTERIE – FFCO Simonne SILVI – Orienteering Vlaanderen

Detailed program of the event

Sunday May the 12th

8:30AM to 11:15AM : Registration desks opened for payment & bib collection.

10:00AM : First start for all classes

10:00AM to 1:40PM : Competition time

1:30 PM : Last time for complaints

1:45 PM : Prize giving ceremony

Competition office

Taverne “La Mer de Sable”

Rue de l'Hippodrome 17

7973 Stambruges

GPS : 50.495935, 3.720078 / 50°29'45.4"N 3°43'12.3"E



Embargoed area

<https://drive.google.com/open?id=1sbXmzQ05pzzrOjG7WXfIHoyfzrZ4YrU5R&usp=sharing>

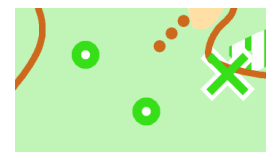
It's strictly forbidden to enter the area before event date. Adults who wish to shadow a W/M-10 have to do it after their own race.

Map

Stambruges - La Fontaine Bouillante sud

Scale 1:10 000, contours 2,5 m, survey spring 2019, size A4.

Drawn according to updated International Specification for Orienteering Maps ISOM 2017-2. The main change is the green dot (prominent bush or tree), now with small white dot inside (used to aid the colour vision impaired).



Terrain

The main feature of the map is a large intricate landform area (former sandstone mining), with sometimes high cliffs and a very dense trails network. The rest consists of a quiet runnable forest, sometimes marshy, sometimes with low visibility, with many specific features of relief and vegetation.

At some places you will meet areas of parallel dry ditches - only the main ones are mapped.

Spectator control & map exchange

WRE courses have a spectator control and corridor (400 m) crossing the arena. There is a map exchange at the end of the corridor : the second part of the course is printed on the back side, just flip your map.

This also concerns classes M-18 to M45 (courses 1 to 5).

Distance from map exchange to finish : 1600 m (ME) / 900 m (WE)

Distances & other informations

Belgian Championship Middle Distance - 12.05.2019 - Stambruges - ASUB Orientation							
Course	Class	Distance	Climb	Controls	Map scale	Spectator control	Refreshment
1	HE-WRE	6200 m	105 m	31	1 : 10 000	yes	yes
2	H21	5800 m	80 m	21	1 : 10 000	yes	yes
3	H35/H-20	5500 m	85 m	21	1 : 10 000	yes	yes
4	DE-WRE/H40	5100 m	70 m	27	1 : 10 000	yes	yes
5	H-18/H45	4900 m	65 m	19	1 : 10 000	yes	yes
6	H50/H-16/D21/HB	4500 m	65 m	19	1 : 10 000	no	no
7	H55/D-20/D35	4100 m	55 m	19	1 : 10 000	no	no
8	D-18/D40	3800 m	50 m	17	1 : 10 000	no	no
9	H60/D45	3400 m	60 m	18	1 : 7 500	no	no
10	D-16/H-14/D50/DB	3100 m	50 m	15	1 : 10 000	no	no
11	D-14/H65/D55/D60	2800 m	50 m	14	1 : 7 500	no	no
12	D-12/H-12	2300 m	30 m	14	1 : 7 500	no	no
13	H70/H75/D65	2600 m	30 m	13	1 : 7 500	no	no
14	D70/H80+/D75+	2200 m	35 m	11	1 : 7 500	no	no
15	D-10/H-10	1900 m	15 m	11	1 : 7 500	no	no
16	Short Easy	3000 m	25 m	10	1 : 7 500	no	no
17	Short Difficult	3100 m	50 m	14	1 : 7 500	no	no
18	Long Easy	5000 m	55 m	13	1 : 10 000	no	no
19	Long Difficult	5400 m	75 m	22	1 : 10 000	no	yes

Dimensions of the control descriptions to be issued at the pre-start :

ME : 19,5 x 4,5 cm

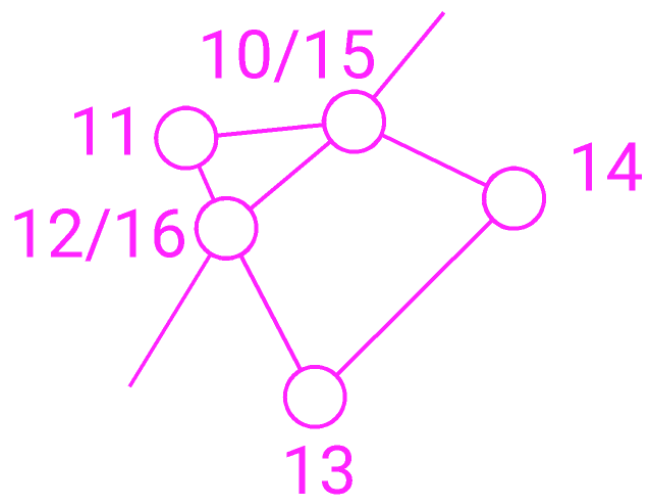
WE : 17,3 x 4,5 cm

Max running times : 105'

Butterfly

WRE courses have butterfly loops (see example). Therefore maps and control descriptions are nominative. Control descriptions are also printed on the map.

Note that class M40 run on the same course than WE, but without nominative maps : each M40 will run the loop in the same order.



Punching system

SPORTident will be used as punching system.

Please note that ME course has 31 controls. SI-card 8 or older will not work.

Warm-up

Elite runners will receive a warm-up map together with the bibs. The warm-up area is on the way to the start, with 5 controls (flags without SI-station).

Other runners can download the warm-up maps from the website and print it themselves.

Summary of entries received

Entries received in WE class : 20 / in ME class: 38

Bib numbers (Elite classes only)

Bibs will be available at the welcome desk and are mandatory for all elite runners.

We use reusable bibs so please don't forget to give it back at the finish line.

GPS devices

We have to remind that IOF Competition Rules forbid the use of GPS devices unless there is "no display or audible feedback".

Late starting

Please arrive on time at the start. Runners will be called 3' before official starting time.

In case of late start, runners will be asked to start as last in their class. This could lead to consequent extra time in the race time (the Jury can decide to adapt race time but it will not be systematic).

Please take into account there might be road works on the highway E42 near Mons.

Complaints

Any complaints must be made in writing and given to the Event Director or handed in at the Event Office. Complaints concerning results must be made no later than 15 minutes after the full preliminary results have been announced by the Speaker. The jury will deliberate before 1:45PM & the prize giving ceremony.

Catering

The restaurant “Taverne La Mer de Sable” will be providing a large choice of local beverages and food at an affordable price (5 – 15€).

We kindly ask participants not to bring any food or drinks inside the restaurant.



DES BIÈRES SIMPLEMENT COMPLEXES



BRASSERIE DES
LÉGENDES



ABSO · BVOS

ASSOCIATION BELGE DES SPORTS D'ORIENTATION
BELGISCHE VERENIGING VOOR ORIËNTATIESPORTEN
BELGISCHER VERBAND FÜR ORIENTIERUNGSSPORTE



INTERNATIONAL ORIENTEERING FEDERATION



AIRXTREM
VIBXTREW