

General information



EVENT DESCRIPTION

- Friday 11 November : Stage 1 (Middle Distance) + Sprint in Boitsfort
- Saturday 12 November : Stage 2 (Long Distance) in Groenendaal
- Sunday 13 November : Stage 3 (Long Distance) in Jezus-Eik



LOCATIONS

Friday 11th of November

- Elementary school "La Sapinière", Chaussée de La Hulpe 344, 1170 Bruxelles (Watermael-Boitsfort)
- No roadsigns
- Parking along avenue de la Foresterie (see map here after)

Saturday 12th of November

- Horse Center "Le Relais", Groenendaalsteenweg 139, 1560 Hoeilaart
- No roadsigns
- Parking at Groenendaal rail station

Sunday 13th of November

- Community center "De Bosuil", Kapucijnendreef, 3090 Jezus-Eik
- No roadsigns
- Parking along Kapucijnendreef



MAPS

IOF standards – Reviewed in 2016

Scales:

- 1/10.000 or 1/15.000 for long distance
- 1/7.500 or 1/10.000 for middle distance
- 1/4.000 for sprint



COURSES

9 courses open to all categories :

Green	Very easy and without danger	Short	1,8 km	40 m
Bleue	Easy	Short	2,4 km	55 m
		Long	4,9 km	80 m
Red	Technical	Short	2,4 km	45 m
		Long	4,9 km	80 m
Black	Very technical	Short	2,7 km	50 m
		Middle	4,4 km	70 m
		Long	5,5 km	135 m
		Very Long	7,2 km	140 m

Wired course for young children at stages 1 & 3.



ELECTRONIC PUNCHING

EMIT System

Renting at 2 €/day for adults, 1 €/day for youngsters up to 17 years.

Attention : Deposit of 50 €/EMIT badge.



REGISTRATION

For members of a belgian or foreign orienteering club

- **Pre-registration per club wished only for stage 1 by Monday 31st of October via OL-CO or at georges.dicker@skynet.be, to allow us to print sufficient maps and to limit queues at registration desk**
- Registration on site possible every day
- Fees to be paid on site

For the others

- Pre-registration of groups wished for all stages at georges.dicker@skynet.be, to allow us to print sufficient maps and to limit queues at registration desk
- Registration on site possible every day
- Fees to be paid on site



Fees

For members of a Belgian or foreign orienteering club

- 6€/stage for adults
- 4€/stage for youngsters up to 17 years.
- 9€ for combined registration to stage 1 & sprint for adults
- 6€ for combined registration to stage 1 & sprint for youngsters up to 17 years.
- Renting of EMIT badge : see here above

For the others

- 3 first competitions at same prices thanks to Start-O principle
- Increase of 2€ for following ones



TIMING

For all 3 stages

- Registration desk open from 8.00 to 10.45
- Free start from 8.45 to 11.00 (constrain from forest authorities)
- Initiation from 9.30 to 10.30

For the sprint

- Registration desk open from 10.00 to 12.30
- Free start from 10.30 à 13.00



INSURANCE

Runners are responsible for their own insurance. The organisers accept no responsibility in case of accident.

ACCOMMODATION & TRANSPORTATION

Some accommodation proposals are available [here](#), up to the runners to contact and book them directly.

Runners are also responsible to arrange their transportation to stage locations.



CONTACT

beatrice@amerijckx.eu



PARKING FOR STAGE 1

When coming from Boitsfort or Groenendael (Ring 0), please park your car in the side alleys of avenue de la Foresterie (blue lines). There will be signs from Lukoil tank station to the competition center (orange arrow). You are of course free to make it shorter in function of your actual parking place...

